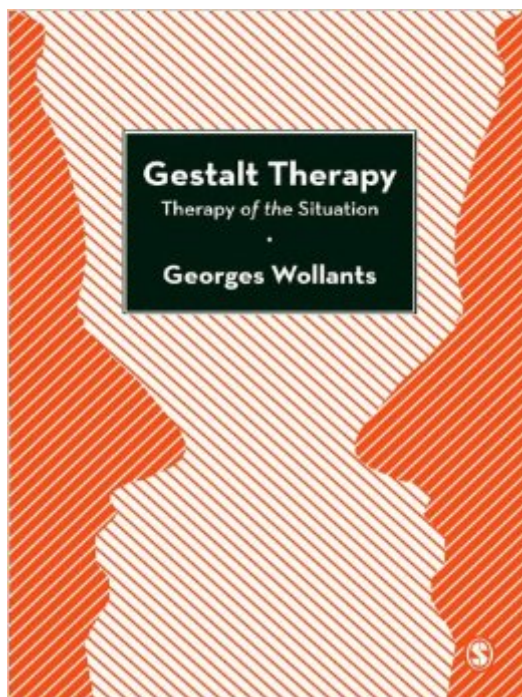


The book was found

Gestalt Therapy: Therapy Of The Situation



Synopsis

This seminal textbook on Gestalt therapy refreshes the theory of Gestalt therapy revisiting its European roots. Taking the basic premise that people do the best they can in relation to their own situation - a thoroughly Gestalt idea - leading European therapist Georges Wollants explains Gestalt theory and provides a useful critique of commonly taught concepts.- Each section approaches a key area of psychotherapy theory in context, while chapter summaries, illustrations and worked-through case examples help to make the theory accessible to all those training in Gestalt therapy.-

Commentaries from current experts in different areas of Gestalt provide a balanced overview of Gestalt therapy today.- The author brings in his extensive knowledge of European philosophers and psychologists to offer a unique insight into Gestalt therapy. A readable, engaging clarification of Gestalt theory and practice, this will be a worthy addition to any trainee's reading list; not only in humanistic and integrative counselling and psychotherapy but also pastoral care in wider mental health training.

Book Information

File Size: 1480 KB

Print Length: 160 pages

Publisher: SAGE Publications Ltd; Reprint edition (February 13, 2012)

Publication Date: December 10, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00HWAQORE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,126,394 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #78

inÂ Books > Medical Books > Psychology > Movements > Gestalt #1183 inÂ Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Social Sciences > Social Work #1395 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Psychotherapy, TA & NLP

Customer Reviews

I find the book well written and informative. It has met my expectations. I would recommend this book to others in the Gestalt Community.

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